

# Striving for EXCELlence but stuck... By Min. Melody Bogan

I use Microsoft Excel daily. While entering data in a cell, I could not tab to the next cell. This is the time to admit that I had not had my coffee yet, so the mental fog was thick. So, I will admit it took three seconds longer than it should have to figure out the problem, but on this one, I had to actually lean back in my chair to stew on it. And if

all of a sudden God gave me a clue (smiles). Somehow, I had inadvertently enabled the SCROLL LOCK feature. With one simple touch, I was free to move again.

And y'all because I'm churchy, you know I felt the Lord give me a tailor-made Word. My anxiety, my doubts, and my fears leave me unable to walk freely some days. I'm scroll-locked, not by God but by my own self-labels, my short-sided vision, and my inability to trust God in His Word sometimes. And yet when I 'touch' the hem of His garment (see Matthew 9:20-22), when I actively lay my burdens at His feet, when I'm honest with the Lord about my fears, my dread, He disables what keeps me stuck. My dear family, I feel my help coming! I can't help but thank the Lord for His intervention in our lives, for freeing us from the places where we feel stuck. His grace and mercy are truly a blessing. GLORY TO GOD! I want us to walk in freedom daily, no matter what comes our way. I don't want us to be 'scroll locked' bound to past mistakes or missed opportunities.

PRAYER: LORD, free us from the stuck places, and guide us into your will, your light, your plan. You'll guide us by the 'right hand' (see Psalm 73:23). We pause to pray for broken hearts that are stuck, wayward attitudes that can't be free due to unforgiveness, the quicksand that has us locked in of doubt, fear, and discouragement. Free us, Lord! We surrender all. Psalm 139:10 ESV reminds us, "Even there your hand shall lead me, and your right hand shall hold me." AMEN.



Click image to enlarge it and view in more detail.

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## **Dance Ministry Opportunity**

Calling all Dancers of New Salem. Male, female, youth and children are welcome. Our next ministry opportunity is Sunday November 10 and we need YOU.

Rehearsals will start TONIGHT. Wednesday August 14 and will be held each Wednesday from 6-8pm in the lower level multi-purpose room. See you TONIGHT! For more information contact Rev. Dr. Merlyn Ruffin at 614/930-2221 or mruffin@newsalemcares.com.

## New Salem kicks off its Civic **Engagement** Souls to the Polls Campaign

Calling All Connectors, family and friends... it's time to exercise our right to vote!

**Souls to the Polls** is a national initiative created to inspire and support all churches, synagogues, temples, and mosques with establishing a volunteer network within their congregations to Social Justice Ministry invites everyone interested to help with voter registration, canvasing or providing transportation to the Early Voting Center. Please click HERE to get involved and/or contact **Brother Adam Troy** at atroy@newsalemcares.com for

engage, inform and Get Out the Vote. Our

additional information.



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#### Voices of New Salem

Calling all Voices of New Salem! Our next ministry is **Sunday August 18** at the 10:00am service. The last rehearsal is TONIGHT August 14<sup>TH</sup> 6-8pm. Preregistration is no longer required. If you have not ministered with the choir this year and are interested in joining us, please contact Rev. Dr. Merlyn Ruffin at 614/930-2221 or **mruffin@newsalemcares.com**.



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#### **August Coffee in the Park**

Join us for our last Coffee in the Park slated for Saturday, August 24<sup>th</sup> from 8:30am-10:30am at the Park at Easton, located at 4066 Worth Ave., (next to Crimson Coffee House). Bring your warm beverage and join us for conversations, collaborations and community. Contact our mission's director, Bro. Adam Troy at <a href="mailto:atroy@newsalemcares.com">atroy@newsalemcares.com</a> or our director of ministry, Elder Jami Jones Ervin at <a href="mailto:jervin@newsalemcares.com">jervin@newsalemcares.com</a> for more information.



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# **Xtreme Transformation** slated for August 21<sup>st</sup>

Xtreme Transformation classes are coming back Women! Join us for an information meeting on **Wed August**21<sup>st</sup> at 6:30pm here at the church. Xtreme Transformation is a biblically based health and wellness lifestyle change program including nutrition, meal planning and exercise for women created through the Women of Power Ministry. For more information, contact Min. Brenda Troy at <a href="mailto:btroy@newsalemcares.com">btroy@newsalemcares.com</a> or call 614 930-2218.



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The City of Columbus, COTA, Franklin County, and MORPC are working together to help address growth and transportation needs in the region to include the expansion of COTA services as part of the <u>LinkUS</u> <u>implementation plan</u>.

Our region's ongoing plan to bring rapid transit solutions and transportation options will help to ensure every person in every neighborhood has access to sidewalks, bike paths, and safe, affordable public transportation.



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#### Men's Retreat 2024 Registration Open

Attention Men of New Salem - Join us this coming October for our Annual Men's Retreat in Indianapolis, Indiana from October 17 - 19.

Our theme Purpose, Healing, and Success will carry us through the weekend, culminating back at New Salem on Sunday Morning for Men's Day. We hope you will join us and invite another brother to come with you. Registration is just \$200 and includes all conference sessions, materials, giveaways, and lunch on Friday.

The retreat will be at the Drury Plaza Hotel in Indianapolis. Room reservation is separate from registration. A special rate of \$162/night is available until September 24.

For more information, contact Rev. Landon J. Adams,

<u>ladams@newsalemcares.com</u>, John Boxill.

jboxill@newsalemcares.com, Adam Troy, atroy@newsalemcares.com

Registration

Lodging

## Communications Ministry Opportunities to Serve



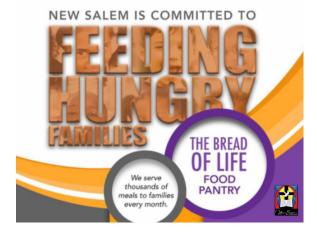


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Do you like to serve behind the scenes? Then we have 3 areas for you to serve on our Communications Team - Technical Director, Lighting Crew and ProPresenter Team. We need 3 people to serve in each area. Training will be provided. For more information, contact Rev. Dr. Monica Lowe, Director of Communications, at mlowe@newsalemcares.com or 614-930-2242.

Camera operators are needed to serve on Sundays and other special events. Must have 1-2 years minimum of television production experience. For more details, contact Min. Mike McGee at

mmcgee@newsalemcares.com . All ministry opportunities are parttime and volunteer and required to work onsite in Columbus, Ohio.



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#### **Food Pantry**

The Bread of Life Food Pantry! Needs you! Feeding families and living out Christ's directive to serve our those in need is at the core of what we do. Volunteers are needed to serve on, Wednesdays: 4:30pm-6:45 pm and Saturdays 9:30am-12:30pm (1st and 3rd Saturdays of each month). Please use the link below to sign up to serve or just come to 1880 Agler Rd and we'll meet you there! If you have any questions, please email Adam Troy at atroy@newsalemcares.com.



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#### **Volunteers Needed**

School's out, but Promiseland is still in session! Do you have a passion to connect with kids and teach them about God? Do you believe our children are the future? If so, Promiseland is looking for you! We are looking for teachers to serve one Sunday a month. Please complete the volunteer interest form and a member of the Promiseland Team will reach out to you to get started. See website, use the link below or email Min. Brenda Troy at btroy@newsalemcares.com if you have any questions.

**Volunteer Here** 

Register Here



This is an important reminder to all New Salem Members. If you need to report a hospitalization or death to the church, please call **614 554-6417** or email <a href="mailto:crt@newsalemcares.com">crt@newsalemcares.com</a>.

### **Worship Recap**

#### August 11, 2024 | 10 AM



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eNewsletter Editor/Designer Dr. Monica J. Lowe and Kara Brooks

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