



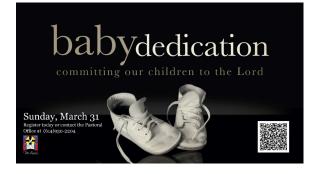
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Join us for rehearsals on March 13 and March 17 at 6:00pm main sanctuary.

**Register Here** 



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Baby Dedications will take place on Sunday, March 31 immediately following the Worship Services. To register, please use the QR Code or click on the link below. Should you have any questions, please contact the Pastoral Office at (614)930-2204 or email jbrewton@newsalemcares.com



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Get ready New Salem! Revival kicks off on **Sunday, March 17<sup>th</sup>**. New Salem's revivalist **Dr. Claybon Lea Jr.**, pastor of the Mount Calvary Baptist Church in Fairfield and Suisun City, California will be

here *Monday March 18<sup>th</sup> through Wednesday, March 20th* nightly at **6:45pm.** Our theme is "That They May Know Me," Romans 15:21.

## **Register Here**



## **Worship Line Hosts Needed**

Our New Salem Worship Line is growing! We need hosts to serve on the line to minister to those who join the church via phone. We are asking for a monthly commitment, one Sunday a month to serve. If you are looking for a place to serve, join our awesome Communications team by contacting director of communications, Dr. Monica Lowe at **mlowe@newsalemcares.com** 

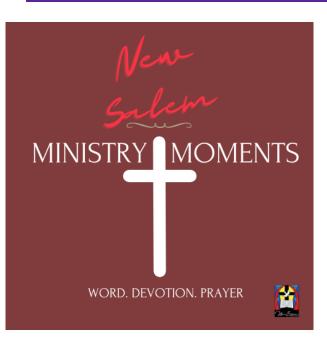




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The Bread of Life Food Pantry! Needs you! Feeding families and living out Christ's directive to serve our those in need is at the core of what we do. Volunteers are needed to serve on, Wednesdays: 4:30pm-6:45pm and Saturdays 9:30am-12:30pm (1st and 3rd Saturdays starting in March). Please use the link below to sign up to serve or just come to 1880 Agler Rd and we'll meet you there!

> Sign Up Here



#### By Melody Malone Bogan Coated In Faith

We watched in awe a few weeks ago as one of the most impactful, demonstrative sermons took place at New Salem when



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Christopher Brown, MD, MPH www.thedocbrown.com

over 1000 coats were purchased or given off the very backs of generous church members and guests. We knew 'something good' had happened in that worship experience that only God could orchestrate. Days later, Pastor reported back to us the good fruit of that coat collection campaign; so much so that other church leaders were inspired to do the same.

Acts of service can be done in and outside the church, but Pastor's testimony framed the heart of this sermon that will continue to bear fruit. He tenderly shared in giving his own coat that had been given to him by his own late father, Rev. Leon Troy Sr., truly one of the most remarkable men of faith of this generation and beloved global servant leader. In giving his own father's coat that had been left to him, Pastor shared most appropriately from II Samuel 24:24, "...I will not sacrifice to the Lord my God burnt offerings that cost me nothing." That's the price we pay for love, grief. The tears of grief were real to so many of us who too know this road Pastor bravely walks before us and to give his own father's coat to ensure another could be warm from the Winter's cold...that was a cost most worth it!

In our heartache, our toughest pains, there's a moment we feel we have nothing left to offer, to share, to give. But it's in the pain points, that we see our tears, trials, and tests have been

coated in faith, hemmed in perseverance, robed in unyielding hope, and insulated by God's unfailing love. And that's when we are compelled to give the most. And God will bring forth something so beautiful... like 1000 coats to meet an immediate need.

Father GOD, even in this space of uncertainty, grief, doubt...we know our faith is coated, proven and we can give you our entire heart and hope, knowing you'll take these tears, this trial and you will not only free us, but in turn help and save others. AMEN.

#### Your Awesome Kidneys: Quiet Powerhouses Keeping You Healthy!

Ever wondered about those two beanshaped organs near your back? Most people don't think about the kidneys. The kidneys are like superheroes that work quietly to keep you healthy. Take a look at the different roles these fist sized miracles undertake to keep your body functioning properly.

**Blood Cleaners:** The best known role of the kidneys is to "clean" the blood of waste products. They work nonstop, filtering out waste products your body doesn't need. To get rid of the waste products the kidneys create urine or "pee" to get the waste out of the body.

Water Gatekeepers: The body needs a certain amount of water to function properly. The kidneys help to hold on to water when you haven't had something to drink for a while. They can also get rid of excess water if you are drinking too much. They are the main managers of the water level in the body.

**Electrolyte Managers:** Your body needs certain minerals called electrolytes to function properly. These electrolytes have to be at a certain level or the body won't function properly and could even completely stop functioning. The kidneys help to regulate the amount of electrolytes in your blood.

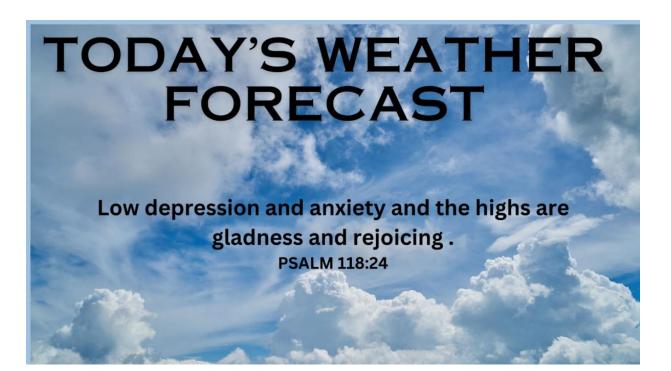
**Blood Pressure Regulator:** Blood pressure is like pressure in a garden hose. The kidneys help to maintain that pressure through a number of complex mechanisms.

Vitamin D Activators: Vitamin D is an important hormone for bones and other structures. Your kidneys take inactive vitamin D and turn it into the active form your body needs.

**Red Blood Cell Helpers**: Red blood cells carry oxygen to your body. The red blood cells are produced by the bone marrow. The kidneys send a signal (hormone) to the bone marrow to help make more red blood cells when needed.

Acid-Base Balancers: The body has to

maintain a certain acid level for the cells and tissues to operate properly. The kidneys have an important role in maintaining this proper acid level also referred to as pH. So, next time you think about your amazing body, remember your incredible kidneys! They might be small, but they play a huge role in keeping you healthy and functioning at your best.



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Worship Recap

March 3, 2024 | 11 AM

# "IF YOU BUILD IT..."

## Rev. Dr. TaNikka Sheppard

Taken from 1 Chronicles 7:24, 2 Chronicles 8 (NIV)





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