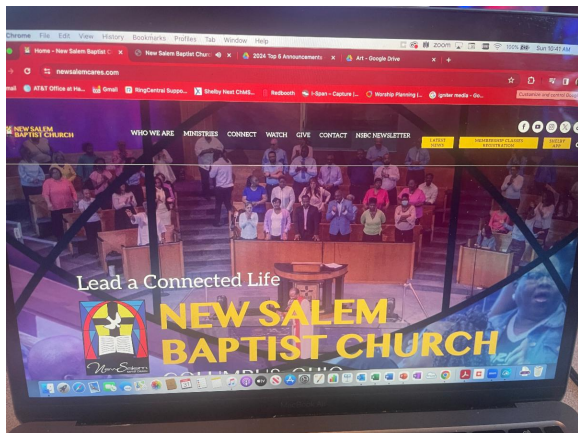




Click image to enlarge it and view in more detail.

Mark your calendars for Women's Day 2024 on Sunday, April 28th! Our theme is "Connecting To The Heart of God" Luke 10:27. Our guest preacher will be Rev. Dr. Danielle Brown from Shiloh Baptist Church in Plainfield, NJ. The attire is all white with purple accents. Join us in person to celebrate God together Sisters!



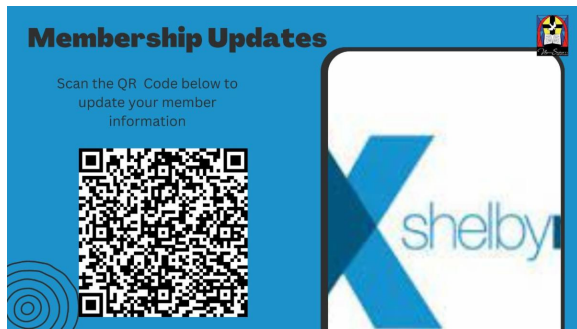
Click image to enlarge it and view in more detail.



Click image to enlarge it and view in more detail.

Attention all ladies 18 and older! You are invited to participate in this year's Women of Power Choir. The choir will minister on

New Salem we are excited about the launch of website. We have upgraded to add some new features such as access to our Enewsletter, online asynchronous membership classes, Care group registration, ministry involvement, Giving platforms, and easy navigation. Our website addresses are **newsalemcare.com** and **newsalemconnects.org**. Don't forget you can also watch the service through the website as well through **Churchonline**.



Click image to enlarge it and view in more detail.

New Salem help us with Membership Updates. If you got married, added children, changed address, phone number, email, job, school, etc. we are trying to update our Membership database, so we can stay connected with you. Please scan the QR code below to update your information.

[Update Here](#)

Social Media Drive!



Click image to enlarge it and view in more detail.

New Salem we need your help! We are just 200 subscribers away from reaching 3000 on Youtube. All you need to do is

Women's Day, Sunday, April 28th for the 10:00am service. Rehearsals are on Monday, April 15th and Monday, April 22nd from 6-8:00pm in the main sanctuary. Music will be sent to all those who register using the link below. We look forward to having you join us.

Sing with the WOP Choir



Click image to enlarge it and view in more detail.

The 2024 Scholarship Ministry is accepting scholarship applications until Friday, May 3rd for current high school seniors and enrolled college and university students for the Fall term. Stay tuned for more information. If you have any questions, please email W. Kay Wilson at **wwilson@newsalemcare.com**.

High School Application

College Application



Click image to enlarge it and view in more detail.

Attention New Salem High School Seniors and all 2023-2024 college and university graduates! If you've received your

subscribe with your email address to YouTube (one email per subscription). For Facebook you must follow us to help us get 10K by the end of 2024. Help us spread the gospel of Jesus Christ by subscribing and following us- *New Salem Baptist Church- Columbus, Ohio*. Blessings to all of you!



Click image to enlarge it and view in more detail.

Are you a youth grades 6-12 and love to sing? And interested in using your gift to praise the Lord? The Youth Praise Ensemble is looking for you. The Youth Praise Ensemble (aka YPE) rehearses on the two Wednesdays before 4th Sunday from 6:30-7:30pm in room E209. YPE ministers on 4th Sunday in the WELL (the Youth worship service). The next WELL is scheduled in May.

diploma or degree between September 2023 and July 2024 we would like to celebrate you on Graduation Sunday, June 9th. Deadline for registration is Sunday, May 5th. Contact W. Kay Wilson at wwilson@newsalemcare.com.

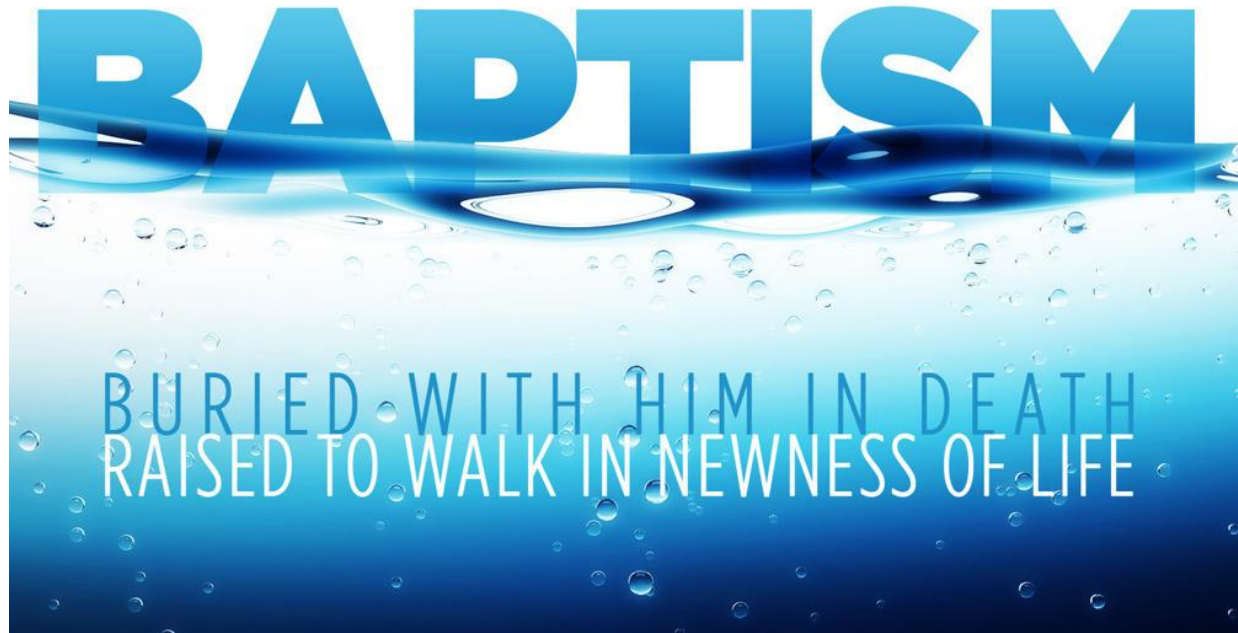
[Register Here](#)



Click image to enlarge it and view in more detail.

The Bread of Life Food Pantry! Needs you! Feeding families and living out Christ's directive to serve our those in need is at the core of what we do. Volunteers are needed to serve on, Wednesdays: 4:30pm-6:45 pm and Saturdays 9:30am-12:30pm (1st and 3rd Saturdays of each month). Please use the link below to sign up to serve or just come to 1880 Agler Rd and we'll meet you there! If you have any questions please contact Adam Troy at atroy@newsalemcare.com.

[Register Here](#)



Click image to enlarge it and view in more detail.

If you have joined New Salem within the past 6 months or more and have not been baptized, please register by April 18th for our Baptism service on Sunday, April 21st at 10:00am . Scan the QR code or click on the link.

[Register Here](#)



Health Corner

Christopher Brown, MD, MPH

www.thedocbrown.com

What Can Go Wrong with My Kidneys?

Our awesome kidneys usually do a fantastic job keeping us healthy. But sometimes, things can go wrong, leading to different types of kidney problems. Here's a quick glimpse at some of them:

1. **Kidney Stones:** Kidney stones are tiny “pebbles” that form in the kidneys. When they move and get stuck in the tube to the bladder (ureter) they can cause severe pain.
2. **Kidney Cancer:** This is when abnormal cells grow uncontrollably in the kidneys. It's important to catch it early for better treatment options.
3. **Cystic Kidney Disease:** This is a group of inherited conditions where fluid-filled sacs (cysts) grow on the kidneys. If they are numerous or grow very large they can affect kidney function.
4. **Glomerulonephritis AKA “GN”:** This sounds complicated, but it basically means inflammation of the tiny filters in your kidneys. This can lead to problems like protein or

blood leaking into your urine.

5. Chronic Kidney Disease (CKD): This is when your kidneys gradually lose their ability to work properly over time. It can be caused by various factors like diabetes, high blood pressure, or even some medications.

6. Kidney Infection: Just like other parts of your body, your kidneys can get infected by bacteria. This can cause pain, fever, and if severe can lead to being in the hospital.

7. Electrolyte Problems: Remember those minerals your kidneys balance? Sometimes, due to various reasons, the balance goes haywire, leading to electrolyte problems, which can affect your muscles, nerves, and mental function.

Remember: This is just a brief overview and not all of the problems that can go wrong with your kidneys. To see if your kidneys are ok it is crucial to talk with your doctor or primary clinician. Early detection is key to making a difference.

Disclaimer:

The information provided is for educational purposes only and should not be interpreted as medical advice. Please consult your healthcare provider for any medical concerns.



Worship Recap

April 7, 2024 | 10 AM



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